

Creative Forces April 2017: Top Tips

Two Creative Forces events for young people from armed forces families were held at the University of Winchester in April 2017. The secondary day for students in years 7-10 was attended by 57 students from 9 Hampshire secondary schools and the primary day for pupils in years 4-6 was attended by 63 pupils from 14 primary schools. The events were supported by Hampshire County Council, North Yorkshire County Council and staff and students from Bath Spa University. This document contains a summary of the tips reported by groups of children to their teachers at the end of a workshop with student ambassadors followed by the verbatim list from each group's poster and a list of the schools involved.

Summary

Raise awareness among the school's civilian population of what it's like to be a service child:

- Speak about service life in assemblies
- Run or take part in charity/fun day events for both military and civilian families
- Explain to civilians why service children are sometimes granted term time absence
- Invite civilian friends to clubs or activities for service children to raise awareness

Keep in contact with mobile children and settle them in when they arrive:

- Transfer records about attainment, needs, experience and topics covered
- Help service and civilian pupils keep in touch with friends who have left
- Stay in touch and check on their progress
- Some children wanted to be overtly welcomed and their background explained, others would rather fit in quietly with unobtrusive support
- Organise buddies and mentors
- Give them memory boxes/journals/cards when they leave

Support their emotional needs and help them keep in contact when a parent is deployed:

- Give them a safe space to talk if they need it but keep it understated
- Help them write to deployed parents
- Know where and when parents are deployed and celebrate it in school
- Give the deployed parent a structure for keeping their children involved in their life when they're away. Several groups talked about their school sending a soft toy with the deployed parent and celebrating photos of the toy on its travels
- Make sure all staff are aware of and recognise the impact of deployment on wellbeing and behaviour and make sure the young people know this
- Talk to parents

Help them build bonds with other service children:

- Provide opportunities to meet other service children
- Organise trips, treats and opportunities, particularly with a military theme
- Create a dedicated space
- Run lunchtime/after school clubs
- Help them organise and take part in charity events

And build an app for service children to communicate with each other.

Detail from group posters

Primary

More awareness when Mum/Dad is away More family activities at school Make other students aware of the reason – absence when a parent goes on deployment or returns is not holiday Keep in contact after we move away – find out about our progress Get non-service children involved in the charity work the service children do More activities and trips as part of a service children club Help us keep in touch – email, facetime, phone Meerkat teddies (this was explained as an initiative in one school where the child and the deployed parent took photos of their meerkat doing things with them and sent them to each other so they could follow each others lives through the meerkat's activities) Let us talk about our military connection to teachers and friends Special visitors for service children Be supportive to children who are new Send details of our work when we move schools

When you start a new school you could stand at the front and introduce yourself or your teacher could Charity work Passport for a friend to come to the service children's club to see what it's like Support with behaviour PSHE – every year new people come Peer mentor A special bag to take if you change school

Military buddies Clubs and meetings Use military money Someone to talk to Fundraising Military council Treat us the same as everyone else Somewhere to talk to someone when you are upset Contact new school by social media

One or two lessons each term about what the military is doing and where A map with pins showing where parents are deployed and information about those places More days like Creative Forces day Discounts on school trips incorporated in pupil premium A teddy for the parent to take on deployment and send back photos of its adventures More opportunities to speak to ex-service personnel and serving personnel More military assemblies Opportunities to talk to other military children and see how they feel

Talk privately to the child Talk to our parents Area to talk to teachers privately Make sure the parent knows that their child is getting support Forces group Talk to the child at the beginning of each month and discuss more A teacher comes and helps and takes your mind off things Box of supplies and school work when we move Make sure the class knows We like to talk about connection but depends on the situation Guest speakers Ask how we are daily More communication between parents and teachers Help us send Blueys Remembrance Day Journals Don't mention unless we bring it up A teacher to talk to Plan trips to meet other military children Treat us respectfully and empathise Goodbye cards and presents Interaction

Secondary

We're so used to parents leaving we fix our own issues as the school doesn't help Weekly/monthly checkins on how we are coping when parents are deployed Trips for service children (motivate) More trips across the whole school at a reasonable price Trip to the University of Winchester Exceptions (eg for coming back parade) Discounts Help in school (homework) Service children common room Allowed to leave the room if you're having issues with coping As soon as parent is deployed student could get a corridor pass

Information assemblies Club – lots of fun, talk, draw what you feel An app for service children to communicate with other service children One to one meetings Badge to talk when you need to More flexibility for homework More events Links to university students Feelings diary More information about charities Communication

Someone to welcome us Having someone there who understands what it's like to be new Don't single us out Treat us as individuals Assemblies Free food Counselling if needed They don't do anything different but they will support us if needed Other students don't understand – make them aware of what we go through GCSE year Transport links – footpath from our homes to school Social space Settling in by people who understand Go through what you don't know when you start a new school Staff awareness Role models More opportunities to have conversations

General life skills Email/progress checks once a month or so Student-teacher talks and support one to one Family bonding with school Paperwork when we move around Keeping in touch with previous schools Army ambassadors More trips – bonding with other students Objects to help with stress Fundraising and charity events Skype calls

A way to communicate with family efficiently Emotional and academic support, make sure you have everything More information on military families Depends on the situation – if you want to talk about it Make a club, talk to people with a similar childhood Get a buddy A teacher to go to if you have any concerns

Assemblies – raise awareness Share reports and history from previous school Check we're not behind or repeating topics Aware of situation if needed Knowing who else is in similar situation Not overdone – keep it casual relaxed informal

Not going out of way to mention it but can help if any issues – rare Maybe good to be aware/know people with similar experiences if you need help Share records/reports with previous schools What topics already covered – find alternatives Be aware of situation if needed in the future Assembly or something different – awareness

Schools attending

Alverstoke Junior School Bedenham Primary School Elson Junior School Fair Oak Junior School Grange Junior School Kimpton, Thruxton & Fyfield CofE Primary School Lee-on-the-Solent Junior School Mayhill Junior School Park Gate Primary School Ranvilles Junior School Red Barn Primary School Roman Way Primary School South Wonston Primary School St. Mark's Primary School

Applemore College Bay House School and Sixth Form Brune Park Community School Crestwood College Henry Cort Community College Lakeside School Robert May's School Test Valley School The Westgate School