



## WHAT IS MKC HEROES?

MKC Heroes is a unique international pupil voice initiative formed to support Service and Veterans children and young people. This group works actively and in harmony to ensure that every member has a voice and is able to use it for the benefit of all. Members of MKC Heroes are ambassadors and young advocates for Service families across the world. MKC Heroes is supported by The Royal British Legion and the groups across the nation are affiliated to the Legion.

In the words of Heroes' members:

*"Heroes makes me feel happy as I know that I can be looked after in the hard times I go through when my mum is away."* **Kieron aged 10**

*"Heroes makes me feel good about myself and I will never forget about the journey I've been through with you all."* **Morgan aged 10**

*"Heroes has been a lot of fun and I really want to come to these meetings next year."* **Tyler aged 9**

## WHY DID IT START?

In 2010 the group started as HMS Heroes in Plymouth to enable Service and Veteran children to support each other. Following a name change to reflect the tri-Service nature of the group in 2016, it continues to provide a voice to explain to others the unique challenges that go hand in hand with being part of a military family.

*"I would like people to understand military life more."*  
**Charlotte aged 12**

*"I don't like my Dad being away because he goes away a lot."* **Anwen aged 9**

Sharing with others is key to giving Service and Veterans children confidence to understand that they are not unusual and that there are like minded friends available for support. As ambassadors for the Service pupils, MKC Heroes provides insight into what it is like to be a Service child – helping to bridge the gaps between school staff, fellow pupils and the wider community.

*"It is good to know that someone cares about people who are part of the military family and to have people who understand how we live even if we are 8,000 miles away."* **Eidanne aged 11**

## WHERE ARE THERE MEMBER SCHOOLS?

MKC Heroes are in Plymouth, Cornwall, Wiltshire, Devon, Bedfordshire, Clyde, North Yorkshire, London, Essex, Kent, Lincoln, Hampshire, Somerset and Rutland.

The network also stretches across the globe to The Falkland Islands, Germany and America.

Message from MKC Heroes Falklands:

*"It feels like we are a part of one big school together even though we are miles apart."* **Campbell aged 8**

## WHO ARE THE AMBASSADORS OF MKC HEROES?

MKC Heroes Youth Ambassadors are 16-18 and support the younger members through mutual understanding and focused projects. The ambassadors are the active voice of the group and campaign on behalf of the Heroes for all the things that are important to them. Last year the MKC Heroes' Ambassadors were presented with a Diana award for their campaigning based on their self-made film "At Your Service", shown on ITV, which illustrated the challenges faced by Service and Veterans children, and they were the first national recipients of the Children's University Volunteering Award.



Service and Veterans children of our Armed Forces, Veterans, the Reserve Forces and Royal Fleet Auxiliary are all eligible to join.

For more information about MKC Heroes please visit the website [www.mkcheroes.co.uk](http://www.mkcheroes.co.uk)

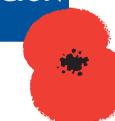


# MKC HEROES

Friends for each other,  
especially in times of need.

## MKC HEROES

Please contact:  
Email: [mkcheroes@btinternet.com](mailto:mkcheroes@btinternet.com)



Registered Charity No: 219279