

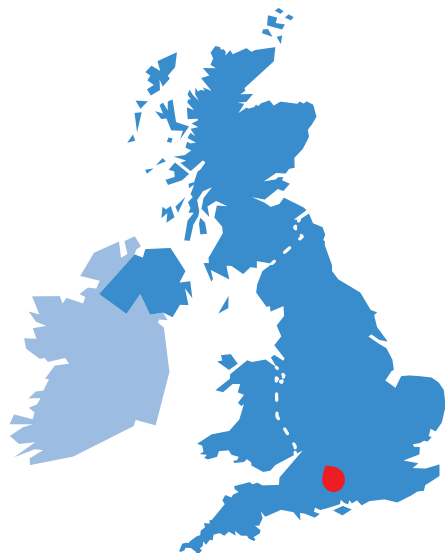
CASE STUDY



THE WAVELL SCHOOL, HAMPSHIRE

An 11-16 co-educational community school of over 1000 students, serving the civilian and Armed Forces communities of North Camp, Farnborough, Aldershot and Surrey.

With close links to the aerospace industry, this Specialist Technology College is the Lead School in Launchpad for Learning, a charitable project sponsored by the aerospace industry to inspire students about the use and potential of technology.




This Secondary school in Farnborough/Aldershot recognised the need to engage and support the whole family, particularly in the context of high rates of deployment, separation and mobility in its population. Bespoke intervention and support is offered to parents of children in a cluster of schools.

THE NEED

With high numbers of families experiencing deployment and separation and high mobility among the Service population, the school identified a growing need for early intervention and one to one support for families around parenting strategies, behaviour management, money management, family relationships, issues around education and supporting good mental health.

The Parent Support Service based at the Wavell School has been in place over 10 years working with families whose children attend certain schools within the Aldershot and Farnborough area. The school recently identified a need to expand the support to Service families in Rushmoor.

 There are good relationships with parents and the armed forces community. Students who join the school within the school year are welcomed to the Wavell family and make a good start at the school.

(Ofsted 2012)


CASE STUDY


The Wavell School is named after Lord Wavell, a 20th Century general who held difficult commands such as Commander in Chief, Middle East in the 2nd World War. He was a member of the Royal Society of Arts, publishing an anthology of his favourite poems, "Other Men's Flowers", which the school gives to visitors and guests as a symbol of its heritage.

The Wavell School's Official Opening in 1970 was led by his daughter, Lady Pamela Humphrys and her son, Owen Humphrys, returned to the School for its 40th Anniversary celebrations.

WE ARE ALSO

PROUD of the fact that we host the North East Hampshire District Service Pupil Champion, our Headteacher sits on SCISS (Service Children in State Schools) and the SCiP Alliance and is the Headteacher representative of Hampshire's Military-Civilian Partnership education Sub-Group.

 An amazing lady that helped me to understand and have the strength to support my children through this time.

 We feel so empowered and in a much better place than when we started the support. The impact has been phenomenal.


SOLUTIONS TAKEN

Parenting courses include:

- Triple P (Positive Parenting Programme) both Primary and Teen
- Family Links Parenting Puzzle
- Henry (Healthy Eating and Nutrition for the Young)
- Bespoke 2 hour parent workshops such as 'Supporting the Anxious Child', 'Supporting and Understanding Emotions – Anger', Friendships and Problem Solving
- Half hour sessions such as The Top Ten Tips (Primary age) and Parenting in the 21st Century (Teen)

The school is piloting a 4 week programme supporting families pre and post deployment.

The Wavell School employs two Parent Support Advisors: one is an Army Wife, Veteran and the Lead Parent Support Advisor for the Wavell Cluster of Schools in Aldershot and Farnborough. She has been in place supporting parents of the 11 schools that employ her for over 10 years. She has a degree in Childhood and Youth Studies, is trained to offer Triple P both Primary and Teen, Family Links Parenting Puzzle, trained to understand therapies such as CBT and systemic family practice and holds a Level 3 Counselling qualification. The other Advisor has a background of working and supporting families in Children's Centres over the last 10 years. She is trained in the Family Links Parenting Puzzle Primary and Teen and Henry (Healthy Eating and Nutrition for the Young).

 Learnt so much, really helped me understand my children's behaviour and improve my skills, through a very difficult time.

CASE STUDY

THE SCiP ALLIANCE

The Service Children's Progression Alliance leads UK and international work to improve the educational progression of the children of armed forces personnel and veterans.

We undertake research, champion better policy and support effective practice to enable thriving lives for Service children.

The SCiP Alliance's UK Hub network connects and supports hundreds of school, college, university and community professionals, so that evidence-based, effective work can be developed and shared nationally.

The Service Children's Progression Alliance is hosted by the University of Winchester and supported by the MoD



EXAMPLES OF IMPACT

- A parent accessed PPP and stated she was much calmer, things had calmed down for everybody and she felt in a good relationship with her children.
- Sound, solid routine in place – children no longer later for school and good bedtime routine.
- Dad still on deployment but mum empowered to communicate her concerns and got his consent to discuss issues with CAB
- Referral to CAB – parent stated that this service had 'lifted her shoulders' with regard to the stress around money, offering support, budget advice, phone calls on her behalf, and a contact should she require more support.
- Took advice to see GP. Re-medicated for depression and has confirmed will continue to take medication until told otherwise by GP. Medication working – reports feeling much happier and less 'miserable and fed up – taking it out on the kids'.

PRACTITIONER ADVICE

- Hear the parents and help problem solve rather than try to fix; empower the parent to make changes and access support.
- Many families have multiple concerns; the initial assessment is vital to ensure joined up support.
- Obtain consent on the first visit if a referral to other agencies may be necessary.
- Remember that every day is a new day, a new challenge, and we have to be flexible to meet family needs. We support one to one in the home or in our group courses or workshops. We have a close relationship and partnership working with AWS, HIVE, CAB, DV Forum and other agencies in the area.

FURTHER INFORMATION ABOUT THE SCHOOL



<https://www.wavellschool.org.uk/Pastoral/Military-Families/>

<https://www.hampshireculture.org.uk/social-impact/gurkha-connection>

<https://www.wavellschool.org.uk/Drop-In-Wavell/Military-Drop-In/>