







Tri - Service Youth Voice Residential 4 - 7 July 2022

Report Outcomes Next Steps

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# Introduction

The new Armed Forces Families and Safeguarding (AFFS) Families Plan at Objective 9.5.2 charges Defence to 'Include the voices of Children and Young People with a Serving Parent in the development of all policies and support services that impact on them.'

Objective 9.5.9 of the same Plan states that: 'Professional single Service Community Support (Youth and Community Development) staff continue to develop and support opportunities for communities, including non serving partners, children and young people to have their voices heard at community level and within the local community need analysis.'

To this end a Tri-Service Youth Voice working group has been established to continue to develop on work started under the Defence Children and Young People's Board before it was disbanded in 2021.

The Working Group consists of members of the Army Welfare Service Community Support Team, the RAF Community Support Team, the Naval Service Family and People Support Team and Forces Children Scotland.

Previous work included young people's attendance at the DCYP Board which resulted in them calling for an increased commitment to the delivery of practical steps which ensure children and young people's voices are heard. One of the aspirations of the Board was to plan and deliver a national scale Defence Youth Voice 'event'. The Tri-Service young people's Steering Group was established to drive forward this agenda and this residential represents the first major step in working towards this aim.



The Aims of the residential were to:

- Provide an opportunity to meet and make friends with other Forces connected young people and share lived experiences helping to address feelings of isolation
- Provide an opportunity to build confidence and skills and enable the group to work together as a team.
- Provide an opportunity to discuss issues that are important to Young People.
- Support young people to develop an understanding of what we mean by 'Youth voice' and why its important, including an understanding of how decisions are made and how they are able to influence decision making
- Support young people to develop an understanding of their role in Youth Voice and as Steering Group members (if they choose to be part of that)
- Discuss with the group the next steps for Tri-Service Youth Voice, and what they think should happen next.
- Have fun!

Heartfelt thanks go to all the young people who took part, all the staff who worked so hard to plan and deliver the residential and all the services who supported their attendance.

The following report details the groups' progress and presents the groups' recommendations for change.

# Who was represented?

## THE ARMY

Bo Kent - AWS South East Mia Wilkinson - AWS South East Isabel (Izzy) Eveleigh - AWS South West Rose Russell - AWS South West Abigail Smith - AWS South West Supported by: Kate Parish - CDW Blandford Camp

## AWS Scotland & My Voice Scotland Youth Representatives

Josh McKernan - Army, Adams Well

Isabella Turner - Army, Elgin

Phoebe Tarr - Navy, Argyll & Bute

Sam Robbins - RAF, Kinloss

Jared Yorke - Army, Penicuik

Supported by:

Gina Clark - CDW, Edinburgh

Jed Sullivan - SCDW

Also supported by the AWS North Team & AWS SE Team

## THE NAVY

Daniel Keyes - Plymouth Mia Speiser - Gosport Katherine Van Eden - Portsmouth Supported by: Nicky Ransley - CDW Plymouth/West Sarah Holland - CDW Portsmouth/East

**The RAF** 



AiRFOR Hayden Williams - Sleaford Charlie Donnor - Cranwell Alex Errington - Sleaford Supported by: Ian Whitehead - CDO, RAF Cranwell Sam Hurry - Plt Off Sleaford Air Cadets

## With support from:



Nina Collins - Forces Children, Scotland

Forces Children Scotland have been collaborating with Army Welfare Service and Navy Welfare Family People Support in Scotland to explore the experiences of young people from serving and veteran families. In 2019 the Tri-service Military Youth Voice Scotland forum was formed, bringing together young people from across the country. The group have been working together to identify the key issues they feel impact on their wellbeing, education and relationships with their peers and to develop potential solutions.



# Workshops & Training

## Starting With Problem Solving & Teambuilding



#### The Group Explored:

#### What is Youth Voice?

Led by the Scotland young people who were selected by My Voice Scotland to represent the group.

The tri-service group were presented with four packets of biscuits. They were challenged to decide, through debate and discussion which biscuits they would have for their break.

#### The Theory of Change

Using the Pin Point Process the group were given the line of enquiry: "Thinking about your lived experience as a child of a service family, what are the 3 things/issues/concerns that have had the biggest impact on your lives? These can be both positive and negative.

#### The Group Identified:

The Skills They Need to be Youth Voice Representatives including -

- Teamwork
- Communication skills
- Listening
- Encouragement
- Sharing new ideas

The Skills They Bring to the Group including -

- Problem solving
- First Aid
- Leadership
- Motivation
- Openness to new ideas

#### **Creating Solutions**

- Working together to share ideas.
- Sharing their experiences of different locations and service life to explore what works.
- Thinking of new ways of doing things and identifying quick wins.
- Presenting their findings to the group and to Becky Wakefield, Chief Community Development Officer.

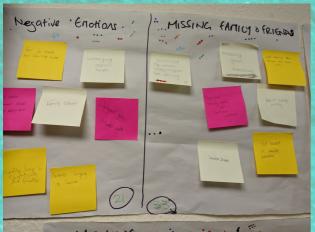


## THE POSITIVES

New opportunities	Meeting and speaking to new people	Getting our points across
Residentials	The community in Helensburgh	Interesting and new experiences
When my parent returns home	Skype	Making new friends

## Key issues

The young people identified 5 issues they felt were of concern. They then voted to prioritise which two issues they were going to focus on to create solutions for.



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MOVING

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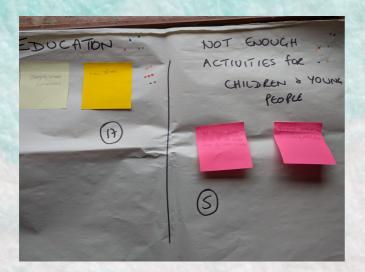
Missing family & friends

## Moving

Negative Emotions

## **Education**

Not enough activities



Support for parents (wives and husbands) via groups or support to give a hand if needed.

If both parents are in the military at least one has to be at home when the other is deployed

Parents to get time off when they return - after a parent has been deployed they have at least 5 months between deployments.

Teacher training on how to support the military and how to help

More opportunities for rest & recuperation (R&R)

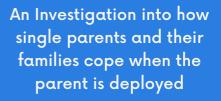
# Solutions

The young people worked together in groups to discuss solutions to the two keys issues that they had voted on:

- Missing Family & Friends
- Moving

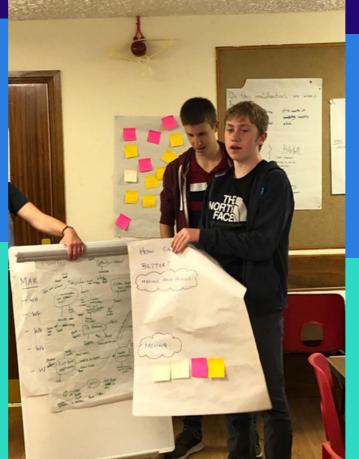
Reflecting on the methodology of the Theory of Change they focused on how they could make a difference, thinking about:

- What? Were they going to do?
- Who? Is their audience?
- Why? Do they want to do this?
- Where? Is the change/event/action going to happen and do they need a venue?
- When? What is their timescale to achieve their objective(s)?



TIME To heal and process moves and deployment

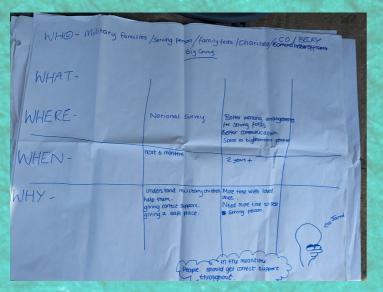
Produce a leaflet to show what is on in an area, eg an introduction to a town



CDWs to be notified when someone in the military moves to the area, so they can offer support

To have better communication with the deployed parent

# The Proposals



#### Support for parents and families:

- What? Time off school to spend time with family member before and after deployment.
- What? Free wifi all round so it is easier to contact parents and free video calls.
- Who is our audience? The Minister for Education, young people under 18 and the schools.
- Why do we want to do this? To provide more bonding time with family members, improve the mental wellbeing of military families; the time missed could affect the relationship of the child/teenager and the parent who goes away.
- When how long will it take to do? Approx 3+ years

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#### Moving stores Here to be proved where the back of the top of the proven where the back of the top of the proven where the back of the function of the proven where the back of the function of the proven where the back of the function of the proven where the back of the function of the proven where the back of the function of the proven where the back of the function of the proven where the back of the function of the proven where the back of the function of the proven where the back of the function of the proven where the back of the function of the proven where the p

#### Moving:

- What? Better communication with the deployed parent. The ability to meet people before the move and a welcome leaflet by young people for young people to help them get to know an area.
- Who are the audience? Youth workers, parents and civilian parents, young people and schools.
- Where? Home, Schools and websites.
- Why? To increase support to particularly young people.
- When? Youth voice group members to go back to their areas and develop their own welcome leaflets by Christmas 2022.

#### Research into single parent households:

- Who are the audience military families, serving personnel, charities, CO/Becky, "Big Guns"
- What? Create a national survey in order to develop better working arrangements for serving folks, and to improve communication within families.
- When? In the next six months, with change being delivered in 2 + years time.
- Why? To understand the needs of military children in order to help them.

# The Fun Stuff













# NextSteps...The Goals:What are the needs to

- to expand the numbers involved in Youth Voice across the tri-services, locally, nationally and internationally.
- to hold a national tri-service Youth Voice event

## achieve the goals?

Teamwork & determination Kindness & co-operation Matching hoodies & bucket hats More time to discuss the problems Lots of different ideas Money & motivation Food & concentration More residentials Lots of effort & support To be listened to.

# How are we going to achieve our goals?

Online meetings every 3 months Annual residential Making news friends & spreading the word Better social media presence & marketing Better posters and promos Leaflets & Video to introduce Youth Voice Creating a hashtag to put on instagram # Leaflets & website Involving more young people and parents Support is clear and people know who to talk to

### When?

Our first online meeting will take place on Sunday 18 September at 1900

Our next planning residential will take place at the Service Cotswold Centre 13 - 16 February 2023



# And Finally

We thank you for your continued support for the Tri-Service Youth Voice program.

